

May 25, 2022

Dear Aggies:

As we witness the aftermath of the horrific mass shooting in Uvalde that, as of this afternoon, has resulted in the death of 19 children and two educators, we join the community in mourning the tragic loss of life. The Uvalde killings come just 10 days after 10 African Americans were killed in a mass shooting in Buffalo, New York. We continue to see devastating events take place across the United States.

The racially-motivated supermarket mass shooting in Buffalo, NY provides a recent reminder of the urgent need to address the racism and prejudice that permeate our society. Regardless of motive, the after-effects of such events can be traumatic for members of the targeted groups and others that empathize and identify with their need for psychologically safe spaces within which to work, learn, and live. Please be mindful of people on our campus and in our community needing time and support. The following resources are available for our campus community:

- For students, Texas A&M's Counseling & Psychological Services (CAPS) is providing walk-in emergency service until classes resume May 31, 2022. Students can call 979-845-4427 to get connected with a counselor.
- The [My SSP @ TAMU](#) app provides FREE, immediate 24/7 real time chat and phone support, along with virtual single session and short-term counseling. Users also gain access to an extensive digital content library, containing articles, podcasts, infographics and videos addressing a variety of wellbeing topics, as well as access to free virtual fitness sessions.
- For Texas A&M's faculty and staff, Human Resources and Organizational Effectiveness (HROE) provides the [Work/Life Solutions Program by GuidanceResources®](#). The program offers a variety of services including consultations with clinicians for anxiety, depression, stress, grief, loss, and many other life challenges or adjustments.
- Health Promotion in Student Life provides [tips for health and wellness](#) on a variety of topics such as nutrition, stress and relaxation, sleep, and mental health.
- The Office for Diversity provides resources for [self-care and wellness](#), [social justice activism](#), and [tips](#) for avoiding burn-out, engaging in allyship, and advancing cultural literacy.

As we mourn those that lost their lives, let us also reflect on ways that we can use our voices to promote understanding and acceptance within and across our communities and to help drive progress for the communities we serve.

If you have any questions or concerns, you can email us at diversity@tamu.edu or call (979) 458-2905. Please take care of yourself and each other.

Sincerely,



Annie McGowan, Ph.D. (She/Her/Hers)
Interim Vice President and Associate Provost for Diversity
Gina and William H. Flores Endowed Professor in Business