



Rackham Professional Development DEI Certificate Program

LEAD: “I Can’t Breathe” A Call to Action for Leaders in Higher Education

Resource List

Leading Equity and Diversity (LEAD) is a series of conversations where participants have the opportunity to hear from a diverse group of people who lead DEI initiatives.

Resources from Speakers

- **Justin Woods: EQUITY Social Ventures** - <https://www.equitysv.com/about-justin>
[5 Ineffective Ways Organizations Respond to Racial Trauma](#) by Justin Woods
[Join Newsletter](#) | [LinkedIn](#) | [Instagram](#) | [Facebook](#)
- **Angie Stewart:** [Link to article with quote mentioned in webinar](#)

Resources from University of Michigan

- **Rackham anti-racism resources:** Rackham created [a list of resources](#) for those seeking to increase their knowledge, awareness and understanding of DEI and anti-racism frameworks.
- **National Center for Institutional Diversity (NCID)** [a Video Toolkit to Support the Well-Being of Students of Color](#)
- **Multi-Ethnic Student Affairs (MESA) Resources:** [10 Ways to be Anti-Racist](#) created by the 2019-2020 Peer Inclusive Educator Team (also accessible on their [website](#))
- [U-M Library Anti-Racist Reading List](#)
- **U-M Asian Pacific Islander Desi/American (APIDA) Staff Association resources:**
 - National APIDA forum on [confronting anti-Blackness in higher education](#) - June 1, 7 pm
 - United Asian American Organizations (UAAO) issued [a call for A/PIA solidarity with the Black community](#)
 - South Asian Americans Leading Together (SAALT) [demands justice for George Floyd, calls for murder charges](#)
 - [Asian American Complicity in Racism](#) - Reformed Margins
 - [20+ Allyship Actions for Asians to Show Up for the Black Community Right Now](#) - VisionAwaken
 - [6 Ways Asian Americans Can Tackle Anti-Black Racism in Their Families](#) - Everyday Feminism
 - [30+ Ways Asian Perpetuate Anti-Black Racism Everyday](#) - VisionAwaken
 - [Tou Thao and the Myths of Asian American Solidarity](#) - Time To Say Goodbye
 - [Black and Asian-American Feminist Solidarities: A Reading List](#) - Black Women Radicals
 - [Letters for Black Lives](#)

Articles

- [“America’s Racial Contract Is Killing Us” by Adam Serwer | Atlantic \(May 8, 2020\)](#)
- [An Antiracist Reading List](#) by Ibram X. Kendi
- [Ella Baker and the Black Freedom Movement from Mentoring a New Generation of Activists](#)

- ["My Life as an Undocumented Immigrant" by Jose Antonio Vargas | NYT Mag \(June 22, 2011\)](#)
- [The 1619 Project \(all the articles\) | The New York Times Magazine](#)
- [The Combahee River Collective Statement](#)
- ["The Condition of Black Life is One of Mourning" by Claudia Rankine](#)
- ["The Intersectionality Wars" by Jane Coaston | Vox \(May 28, 2019\)](#)
- [Tips for Creating Effective White Caucus Groups developed by Craig Elliott PhD](#)
- ["Where do I donate? Why is the uprising violent? Should I go protest?" by Courtney Martin](#)
- ["White Privilege: Unpacking the Invisible Knapsack" by Knapsack Peggy McIntosh](#)
- ["Who Gets to Be Afraid in America?" by Dr. Ibram X. Kendi](#)

Books

- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD
- [Between the World and Me](#) by Ta-Nehisi Coates
- [Black Feminist Thought](#) by Patricia Hill Collins
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper
- [Healing Racial Trauma: The Road to Resilience](#) by Sheila Wise Rowe
- [Heavy: An American Memoir](#) by Kiese Laymon
- [I Know Why the Caged Bird Sings](#) by Maya Angelou
- [Just Mercy](#) by Bryan Stevenson
- [Me and White Supremacy](#) by Layla F. Saad
- [Raising Our Hands](#) by Jenna Arnold
- [Redefining Realness](#) by Janet Mock
- [Sister Outsider](#) by Audre Lorde
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Bluest Eye](#) by Toni Morrison
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherríe Moraga
- [The Fire Next Time](#) by James Baldwin
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Their Eyes Were Watching God](#) by Zora Neale Hurston
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherríe Moraga
- [Understanding and Dismantling Racism: A Booklist for White Readers](#)
- [When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson

Films and TV series

- 13th (Ava DuVernay) — Netflix
- American Segregation, Mapped at Day and Night, produced by Vox
- American Son (Kenny Leon) — Netflix
- Black Power Mixtape: 1967-1975 — Available to rent
- Blindspotting (Carlos López Estrada) — Hulu with Cinemax or available to rent

- Clemency (Chinonye Chukwu) — Available to rent
- Dear White People (Justin Simien) — Netflix
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent for free in June in the U.S.
- King In The Wilderness — HBO
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent
- The Black Panthers: Vanguard of the Revolution — Available to rent
- The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
- The Problem with America's College Entrance Exam, produced by Vox
- The Racial Wealth Gap, produced by Netflix
- When They See Us (Ava DuVernay) — Netflix

Meditation Exercises and Apps

- [Liberate](#) is the number one meditation app for the Black, Indigenous, and People of Color community. Listen to dozens of guided meditations to ease anxiety, find gratitude, heal internalized racism and microaggressions, and celebrate Blackness.
- [The Safe Place](#): a Minority Mental Health App geared towards the Black Community to bring awareness, education, and hope.
- [Black Lives Matters Meditation for Healing Racial Trauma by Dr. Candice Nicole](#)
- [Soulfulness 4 Life](#)

Music and the Arts

- [National Museum of African American of History & Culture - Talking about Race Portal](#)
- [Seven Last Words of the Unarmed](#) by U-M Men's Glee Club
- [Songs Giving Us \(Much Needed\) Life](#) by Code Switch (NPR)

Organizations to follow on social media

- Antiracism Center: [Twitter](#)
- Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Justice League NYC: [Twitter](#) | [Instagram](#) + Gathering For Justice: [Twitter](#) | [Instagram](#)
- The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)
- MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
- SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
- United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)



Podcasts

- [1619 \(New York Times\)](#)
- [About Race](#)
- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Seeing White](#)
- [The Breakdown](#) with Dr. Earl: A Mental Health Podcast
- [The Homecoming Podcast](#) with Dr. Thema
- [White Lies](#) (NPR)

Videos

- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- ["George Floyd, Minneapolis Protests, Ahmaud Arbery & Amy Cooper," Daily Show](#) with Trevor Noah (18:12)
- ["How Studying Privilege Systems Can Strengthen Compassion" | Peggy McIntosh at TEDxTimberlaneSchools \(18:26\)](#)

Miscellaneous anti-racism resources to check out

- [75 Things White People Can Do for Racial Justice](#)
- [American Council on Education - Speaking Truth and Acting with Integrity Confronting Challenges of Campus Racial Climate](#)
- [Anti-Racism Project](#)
- [Anti-Racism Resources](#) compiled by *Sarah Sophie Flicker and Alyssa Klein*
- [George Floyd Resource Compilation](#)
- Greater Good Science Center resources (UC Berkley)
 - [What will it take to Bridge our Differences?](#)
 - [How to Sustain your Activism](#)
 - [How to Fight Racism Through Inner Work](#)
 - [Can We Reduce Bias in Criminal Justice?](#)
- [Jenna Arnold's resources \(books and people to follow\)](#)
- Parade magazine's [The Anti-Racist Starter Pack](#)
- [Rachel Ricketts' anti-racism resources](#)
- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Save the Tears: White Woman's Guide by Tatiana Mac](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- [The \[White\] Shift on Instagram](#)
- [Ways You Can Help - BlackLivesMatter](#)
- ["Why is this happening?" — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching materials](#)